## **CY-BOCS Severity Ratings**

## Children's Yale-Brown Obsessive Compulsive Scale

## Administering the CY-BOCS Symptom Checklist and CY-BOCS Severity Ratings

- 1. Establish the diagnosis of obsessive compulsive disorder.
- 2. Using the CY-BOCS Symptom Checklist (other form), ascertain current and past symptoms.
- 3. Next, administer the 10-item severity ratings (below) to assess the severity of the OCD during the last week.
- 4. Readminister the CY-BOCS Severity Rating Scale to monitor progress.

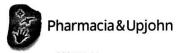
<b>5</b>	,	, ,					
Patient							
Date 1st Report_	oate 1st Report			Date This Report			
Obsession Rating Scale (circle appropriate score)  Note: Scores should reflect the composite effect of all the patient's obsessive compulsive symptoms. Rate the average occurrence of each item during the prior week up to and including the time of interview.  QUESTIONS ON OBSESSIONS (ITEMS 1-5) "I AM NOW GOING TO ASK YOU QUESTIONS ABOUT THE THOUGHTS YOU CANNOT STOP THINKING ABO (Review for the informant(s) the Target Symptoms and refer to them while asking questions 1-5).							
	cupied by Obsessive Thougl ude ruminations and preoccupations whi None		onic and rational (but exaggerated)]  Moderate  1 to 3 hrs/day or frequent intrusion	Severe greater than 3 and up to 8 hrs/day or very frequent intrusion	Extreme greater than 8 hrs/day or near constant intrusion		
Score	0	1	2	3	4		
<ul> <li>How much d</li> </ul>	ence Due to Obsessive Thou, o these thoughts get in the way of schooning that you don't do because of them?  None	of or doing things with friends?	how much performance would be a Moderate definite interference with social or school performance, but still manageable	ffected if patient were in school) Severe causes substantial impairment in social or school performance	Extreme incapacitating		
Score	0	1	2	3	4		
3. Distress	Associated with Obsessive None	Thoughts Mild infrequent, and not too disturbing	Moderate frequent, and disturbing, but still manageable	Severe very frequent, and very disturbing	Extreme near constant, and disabling distress/frustration		
Score	0	1	2	3	4		
<ul> <li>How hard do</li> </ul>	you try to stop the thoughts or ignore the eed to resist them. In such cases, a ratin None makes an effort to always resist, or symptoms so minimal doesn't need to actively resist	m? (Only rate effort made to resist, no g of "0" should be given.) Mild tries to resist most of the time	t success or failure in actually control  Moderate  makes some effort to resist	Severe yields to all obsessions without attempting to control them, but does so with some reluctance	Extreme completely and willingly yields to all obsessions		
Score	0	1	2	3	4		
5. Degree o	of Control Over Obsessive Ti Complete Control	houghts  Much Control  usually able to stop  or divert obsessions with  some effort and concentration	Moderate Control sometimes able to stop or divert obsessions	Little Control rarely successful in stopping obsessions, can only divert attention with difficulty	No Control experienced as completely involuntary, rarely able to even momentarily divert thinking		
Score	0	1	2	3	4		

## QUESTIONS ON COMPULSIONS (ITEMS 6-10) "I AM NOW GOING TO ASK YOU QUESTIONS ABOUT THE HABITS YOU CAN'T STOP"

(Review for the informant(s) the Target Symptoms and refer to them while asking questions 6-10)

<ol><li>Time Spen</li></ol>	6. Time Spent Performing Compulsive Behaviors							
	None	Mild less than 1 hr/day	Moderate 1 to 3 hrs/day	Severe greater than 3 & up to 8 hrs/day	Extreme greater than 8 hrs/day			
Score	0	1	2	3 -	4			
<ul> <li>How much do the</li> </ul>	ce Due to Compulsive Be		w much performance would be affec	ted if patient were in school.)				
	None	Mild slight interference with social or school activities, but overall performance not impaired	Moderate definite interference with social or school performance, but still manageable	Severe causes substantial impairment in social or school performance	Extreme incapacitating			
Score	0	1	2	3	4			
	ssociated with Compulsi							
● How would you	None	rour habits? How upset would you bed Mild only slightly anxious if compulsions prevented	Moderate anxiety would mount but remain manageable if compulsions prevented	Severe prominent and very disturbing increase in anxiety if compulsions interrupted	Extreme incapacitating anxiety from any intervention aimed at modifying activity			
Score	0	1	2	3	4			
	e Against Compulsions ou try to fight the habits? (Only rate	effort made to resist, not success or fa	ailure in actually controlling the com	npulsions.)				
	None	Mild	Moderate	Severe	Extreme			
	makes an effort to always resist, or symptoms so minimal doesn't need to actively resist	tries to resist most of the time	makes some effort to resist	yields to all obsessions without attempting to control them, but does so with some reluctance	completely and willingly yields to all obsessions			
Score	0	1	2	3	4			
<ul> <li>How strong is to</li> </ul>	f Control Over Compulsion the feeling that you have to carry out of fight them, what happens?							
- When you my to	Complete Control	Much Control	Moderate Control	Little Control	No Control			
		experiences pressure to perform the behavior, but usually able to exercise voluntary control over it	moderate control, strong pressure to perform behavior, can control it only with difficulty	little control, very strong drive to perform behavior, must be carried to completion, can only delay with difficulty	no control, drive to perform behavior experienced as completely involuntary and overpowering, rarely able to delay activity [even momentarily			
Score	0	1	2	3	4			
			Compulsion subtotal (add items 6-10)					
			CY-BOCS total (add items 1-10)					
			Total CY-BOCS score: range of severity for patients who have both obsessions and compulsions 0-7 Subclinical 24-31 Severe					

Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS) utilized with permission from Wayne K. Goodman, MD © 1986.



Solvay Pharmaceuticals



32-40 Extreme

8-15 Mild 16-23 Moderate